



By Invitation Only

**A Special Private Evening
at Yuan Yuan Educational Foundation
with Ponlob Trinley Nyima Rinpoche Planned Just for You!**

MARK YOUR CALENDAR NOW

Topic: Long Life Buddha Empowerment

Date/Time: October 4, 2006; Wednesday evening 7:00 P.M. – 9:30 P.M.

Place: Silk Botanica, 145 South Hill Drive, Brisbane, CA 94005

Suggested donation: \$50 per person (All proceeds will be donated to support the
Dialectic School of the Menri Monastery located in Dolanjii, India)

Pre-registration is required (There will be no “on-site” registration)

Contact: Suzan at Yuan Yuan Office 650-349-8868; fax: 650-349-9868

email: <http://www.yuan-yuan.org/writeus.htm>

**Cash or check donations are accepted. Send checks payable to
Yuan Yuan Educational Foundation at 205 De Anza Blvd., San Mateo, CA 94402**

About His Eminence Menri Ponlob Trinley Nyima Rinpoche:

A lineage holder of the Tibetan Bon tradition. After 13 years of studying Sutra, Tantra, Dzogchen, ritual, grammar, poetry, astrology, divination, medicine and paintings of Thangka, making of Mandala, and stupa, he obtained his Geshe degree (equivalent to a doctorate) from the Bon Dialectic School in 1989. Soon afterwards, he was appointed Lupon (Headmaster) of the Bon Dialectic School. In 1992, he was given the name Ponlob, the second most revered position at the Menri Monastery which is the main monastery in all of Tibet as well as the Tibetan exile community in India.

Program focus:

- **What is an “Empowerment”?**
- **Learning about the “Long life Mantra”**
- **How to meditate and visualize when receiving the Long Life empowerment?**
- **What to visualize when chanting the Long Life mantra?**
- **Questions and Answers**

Please Notes:

Call now and let us know if you wish to meet Menri Ponlob privately for a one-on-one consultation session. Don't miss this once a year rare opportunity. The private consultation sessions will be scheduled for daytime from Oct 3 – 5, 2006.